

World English 2: Unit 5

Instructions: *Read. Then complete each sentence with two words from the text.*

Arctic Expedition

In the darkness of the Arctic night, a helicopter landed on the north coast of Russia. Boerge Ousland and Mike Horn were beginning one of the most amazing expeditions in history. It was January 22nd, and they planned to walk 600 miles (965 kilometers) to the North Pole—in winter.

There is no land at the North Pole, only water and ice that floats and moves. It's always a dangerous place, but winter is the worst time of the year. The sun doesn't rise for three months, and the temperature can be -40°F (-40°C). But Boerge grew up in Norway—he loved skiing and climbing mountains, and Mike Horn was a champion athlete from South Africa. They were ready for the challenge.

They set out on skis and pulled their equipment behind them. It wasn't light enough to see, so they used headlamps. When they came to open water, they had to swim. They put on waterproof suits over their clothes and got into the icy water five or six times a day. When they weren't in the water, they were skiing.

Every day, they skied and swam north. And while they were sleeping, the ice carried them south. But they kept on for ten hours every day, covering 15 miles (24 kilometers) each day.

On March 23rd, Boerge checked his GPS. The North Pole was 1000 yards (914 meters) away. “I've been there before,” Boerge told Mike. “You've never been. You go first.” “No,” Mike said. “We'll do it together.” And together, the two explorers walked to the Pole.

1. Boerge and Mike started their expedition from the _____ of Russia.
2. In the winter at the North Pole, the sun doesn't rise for _____.
3. Boerge and Mike put on special clothes five or six times a day—they had _____.
4. Each day Boerge and Mike traveled _____.

Instructions: Track 10 | *Listen to the speaker. Then answer the questions using the words in parentheses.*

5. What is an Ironman triathlon? (includes)

6. Where does the Ironman World Championship take place? (held)

7. How long is an Ironman triathlon? (lasts)

8. How long do participants have to complete the bike race? (up to)

Instructions: Complete each sentence with a word from the list. You do not need to use all the words.

achieve
although
challenge
convinced
deal
goal
make
progress
result
seem
significant

9. Graduating college is a very _____ accomplishment, even when you are young.

10. So can you imagine what a(n) _____ it would be at the age of 95?

11. That's how old Nora Tinsdale was when she reached her _____: graduating with a degree in general studies.

12. When she was younger and raising children, it did not _____ like it would ever be possible.

13. But at the age of 90, it was her children who _____ her to go back to school.

Instructions: Rewrite the sentences. Replace the words and phrases in bold with the correct form of phrasal verbs from the list. You can use the phrasal verbs more than once.

break down
give up
grow up

keep on
put up with
run out of
set out
watch out

14. The old refrigerator **stops working** a lot; we need a new one.

15. If you want to finish the race, it's important to **continue** running.

16. We **left** on our trip very early.

Instructions: *Choose the correct answer to complete each sentence.*

- ____ 17. While her parents _____, Tami texted her friends.

a. talked
b. was talking
c. were talking

- ____ 18. Sam and Miki _____ from high school in 2017.

a. graduated
b. was graduating
c. were graduating

- ____ 19. I jumped out of my chair when I _____ him at the door.

a. saw
b. was seeing
c. were seeing

- ____ 20. I _____ a nap when the mail carrier arrived.

a. take
b. took
c. was taking

- ____ 21. Trisha was playing her violin solo when one of her strings _____.

a. break
b. broke
c. was breaking

Instructions: *Read. Then complete each sentence with enough, not enough, or too and the adjective in parentheses.*

Challenge yourself physically and mentally with the Adventure Weekend:

- Hiking; Mountain Climbing; Sailing
- September 20–22 (must make a reservation between August 10th and August 15th)
- \$280 per person
- Must be at least 18 years old
- Cabins for 2–6 people

22. It's August 21st. It's _____ (late) to apply.
23. There are three people in your family. The cabins are _____ (big) for your family.
24. You like to take two-week vacations. The Adventure Weekend is _____ (long) for you.

Instructions: *Complete the tasks.*

25. Write a paragraph (50–75 words) about a goal that someone else achieved. This person can be someone that you know or someone that you have learned about. Include specific information (dates or times, descriptions, locations, people's reactions, step-by-step actions).

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Answer Section

1. ANS: north coast

PTS: 1 OBJ: Reading

2. ANS: three months

PTS: 1 OBJ: Reading

3. ANS: to swim

PTS: 1 OBJ: Reading

4. ANS:
15 miles
24 kilometers

PTS: 1 OBJ: Reading

5. ANS:
(Answers will vary. Award point if word in parentheses is included and relevant information is given.)
An Ironman triathlon includes a 2.4-mile swim, a 112-mile bicycle ride, and a marathon,
which is a 26.2-mile run.

PTS: 1 OBJ: Listening MSC: WE3e_L2_EV_Audio_Track_10.mp3

6. ANS:
(Answers will vary. Award point if word in parentheses is included and relevant information is given.)
The Ironman World Championship is held in Hawaii.

PTS: 1 OBJ: Listening MSC: WE3e_L2_EV_Audio_Track_10.mp3

7. ANS:
(Answers will vary. Award point if word in parentheses is included and relevant information is given.)
An Ironman triathlon lasts 16–17 hours.

PTS: 1 OBJ: Listening MSC: WE3e_L2_EV_Audio_Track_10.mp3

8. ANS:
(Answers will vary. Award point if word in parentheses is included and relevant information is given.)
Participants have up to eight hours and ten minutes to complete the bike race.

PTS: 1 OBJ: Listening MSC: WE3e_L2_EV_Audio_Track_10.mp3

9. ANS: significant

PTS: 1 OBJ: Vocabulary

10. ANS: challenge

PTS: 1 OBJ: Vocabulary

11. ANS: goal

PTS: 1 OBJ: Vocabulary

12. ANS:
seem
feel

PTS: 1 OBJ: Vocabulary

13. ANS: convinced

PTS: 1 OBJ: Vocabulary

14. ANS:

The old refrigerator breaks down a lot; we need a new one.

PTS: 1 OBJ: Vocabulary

15. ANS:

If you want to finish the race, it's important to keep on running.

PTS: 1 OBJ: Vocabulary

16. ANS:

We set out on our trip very early.

PTS: 1 OBJ: Vocabulary

17. ANS: C

PTS: 1

OBJ: Grammar

TOP: Past Continuous and Simple Past

18. ANS: A

PTS: 1

OBJ: Grammar

TOP: Past Continuous and Simple Past

19. ANS: A

PTS: 1

OBJ: Grammar

TOP: Past Continuous and Simple Past

20. ANS: C

PTS: 1

OBJ: Grammar

TOP: Past Continuous and Simple Past

21. ANS: B

PTS: 1

OBJ: Grammar

TOP: Past Continuous and Simple Past

22. ANS: too late

PTS: 1 OBJ: Grammar

TOP: Enough, Not Enough, Too + Adjective

23. ANS: big enough

PTS: 1 OBJ: Grammar

TOP: Enough, Not Enough, Too + Adjective

24. ANS: not long enough

PTS: 1 OBJ: Grammar

TOP: Enough, Not Enough, Too + Adjective

25. ANS:

Answers will vary.

PTS: 1 OBJ: Writing