

Unit 4 Test • Version C

Part A

GRAMMAR

Ex 1

1 B 2 A 3 B 4 B 5 A 6 A 7 B 8 A 9 A

Ex 2

- 1 was expected
- 2 is believed
- 3 has been reported
- 4 was thought
- 5 has been disproved
- 6 was believed

VOCABULARY

Ex 3

1 allergies 2 expand my horizons 3 run down
4 transformed my lifestyle 5 vaccine

Ex 4

1 E 2 A 3 B 4 D

Ex 5

1 B 2 E 3 C 4 A

HOW TO ...

Ex 6

1 flexibility 2 teamwork 3 encouragement

Ex 7

1 D 2 A 3 B

Part B

LISTENING

Ex 1

1 D 2 A 3 E 4 B

Ex 2

1 F 2 T 3 T 4 F

READING

Ex 3

1 B 2 A 3 E 4 C

Ex 4

1 A 2 B 3 B 4 A

WRITING

Ex 5

1 C 2 A 3 B 4 D

Ex 6

Example answer:

How to have a healthier lifestyle

It is known that people in the developed world eat badly, do too little exercise and don't sleep enough. Sedentary jobs, binge-watching and junk food are the main problems. So how can we have a healthier lifestyle?

To start with, we need to avoid junk food, which is full of sugar and fat. In addition, we should try to consume more fruit and vegetables as well as organic rice and pasta. Furthermore, people who are employed in office jobs should spend more time doing exercise. It is thought we should be doing at least three hours of moderate exercise a week as well as 75 minutes of more vigorous exercise. Lastly, we need to spend more time sleeping. After a long day at work, it can be relaxing to sit down and binge-watch your favourite series, but it can be difficult to get a full night's sleep afterwards.

With our busy careers, it's easy to forget the importance of having a healthy, balanced lifestyle. However, if we don't look after ourselves properly, we're likely to suffer from health problems later on.

181 words

Part C

SPEAKING

Ex 1

- 1 What can you do to expand your horizons at work?
- 2 What do you think you'll be doing in five years' time?
- 3 How often do you have a nap in the afternoon?
- 4 Do you agree that time is running out to save the planet?

Ex 2

Example answers:

1 (*What can you do to expand your horizons at work?*)

I think it's important to work hard and be flexible. I always try to be enthusiastic about new challenges.

2 (*What do you think you'll be doing in five years' time?*)

I'd like to be working for myself. I'm an interior designer so I'd like to have set up a business.

3 (*How often do you have a nap in the afternoon?*)

I never sleep in the afternoon because I feel more tired afterwards.

4 (*Do you agree that time is running out to save the planet?*)

I'm not sure time's running out, but I think we need to change some of our bad habits.

Ex 3

Example answer:

In this picture, there are two people who seem to be sitting in an airport. I think it's a couple because they're sitting near each other. The rest of the airport looks quite empty.

They're wearing smart clothes and the man has a suitcase next to him. They're both holding their passports so I imagine they're waiting for a flight. I think they've been waiting for a long time because it looks like the woman's dropped off. She's sleeping on the man's shoulder. However, the man has stayed awake, but he looks quite worried. They've probably got an important meeting or an appointment and he's anxious about getting there on time.