

### 1 Match the moods and feelings adjectives (1–8) to those that have similar meanings (A–H).

- |                 |                |
|-----------------|----------------|
| 1 surprised     | A scared       |
| 2 tired         | B grateful     |
| 3 worried       | C amazed       |
| 4 thankful      | D embarrassed  |
| 5 frightened    | E exhausted    |
| 6 calm          | F stressed     |
| 7 upset         | G relaxed      |
| 8 uncomfortable | H disappointed |

### 2 Circle the adjective that doesn't belong, and decide if it is P (positive) or N (negative).

- |                |              |              |       |
|----------------|--------------|--------------|-------|
| 1 disappointed | <u>brave</u> | confused     | P     |
| 2 hopeful      | proud        | stressed     | ..... |
| 3 relaxed      | confused     | disappointed | ..... |
| 4 embarrassed  | grateful     | scared       | ..... |
| 5 amazed       | scared       | brave        | ..... |

### 3 Complete the adjectives in the sentences.

- Liam is stressed about his science exam tomorrow.
- I've entered a TV talent show, and I'm really h..... I that I'll be selected for my singing skills.
- Sadie is d.....d that her friends put off the party. She was really looking forward to it.
- We're a.....d that our team won the match. Now we're through to the final!
- Can you help me with this maths question? I'm totally c.....d by it.
- Kit felt so p.....d to win first prize in the writing competition.
- I was so g.....l when my history teacher gave me a lift to school after the bus broke down.
- We were e.....d after the 12-hour flight from Hong Kong.

### 4 Circle the correct adjectives.

- I didn't enjoy the film. It was really *disappointed* / *disappointing*.
- Toby was *embarrassing* / *embarrassed* when he fell over in the school corridor.
- We find Melissa so *annoying* / *annoyed*. We've decided not to hang out with her anymore.
- My new Saturday job is pretty *tired* / *tiring*. I'm always exhausted in the evening!
- I'm *bored* / *boring* of tennis. I think I might try something new and exciting instead, like surfing.
- Mum feels really *relaxing* / *relaxed* after a day at the spa.

### 5 Complete the sentences with the correct adjectives in brackets.

- Nicky feels tired. She's had a really tiring day. (tired / tiring)
- The exam results were ..... Our teacher said she was very ..... with us. (disappointed / disappointing)
- I'm so ..... by what I'm supposed to do to set up my new phone. Why are instructions always so .....? (confused / confusing)
- My little brother can be really ..... He ..... me so much when he danced in front of my friends! (embarrassed / embarrassing)
- I find Mikey pretty ..... these days since he became obsessed with his new video game. I'm ..... of his company! (bored / boring)

### 6 Read the texts. Cross out the adjectives 1–6 and replace them with more suitable adjectives from the box.

annoying	exhausted	<del>grateful</del>	hopeful
relaxing	stressed		

#### How are you feeling?

I'm so <sup>1</sup> ~~disappointed~~ grateful my exams are over! I feel pretty <sup>2</sup> stressed ..... after them, but now I can look forward to a <sup>3</sup> boring ..... summer holiday.

Paul

I've just started at a new school and I feel a bit <sup>4</sup> proud ..... by it all. I'm <sup>5</sup> scared ..... I can make some friends soon, but so far the girls I've met are quite <sup>6</sup> brave ..... and unfriendly.

Trudie

### 1

- 1 *amazed*
- 2 exhausted
- 3 stressed
- 4 grateful
- 5 scared
- 6 relaxed
- 7 disappointed
- 8 embarrassed

### 2

- 1 *brave, P*
- 2 stressed, N
- 3 relaxed, P
- 4 grateful, P
- 5 scared, N

### 3

- 1 *stressed*
- 2 hopeful
- 3 disappointed
- 4 amazed
- 5 confused
- 6 proud
- 7 grateful
- 8 exhausted

### 4

- 1 *disappointing*
- 2 embarrassed
- 3 annoying
- 4 tiring
- 5 bored
- 6 relaxed

### 5

- 1 *tired, tiring*
- 2 disappointing, disappointed
- 3 confused, confusing
- 4 embarrassing, embarrassed
- 5 boring, bored

### 6

- 1 *disappointed, grateful*
- 2 stressed, exhausted
- 3 ~~boring~~, relaxing
- 4 ~~proud~~, stressed
- 5 scared, hopeful
- 6 ~~brave~~, annoying