

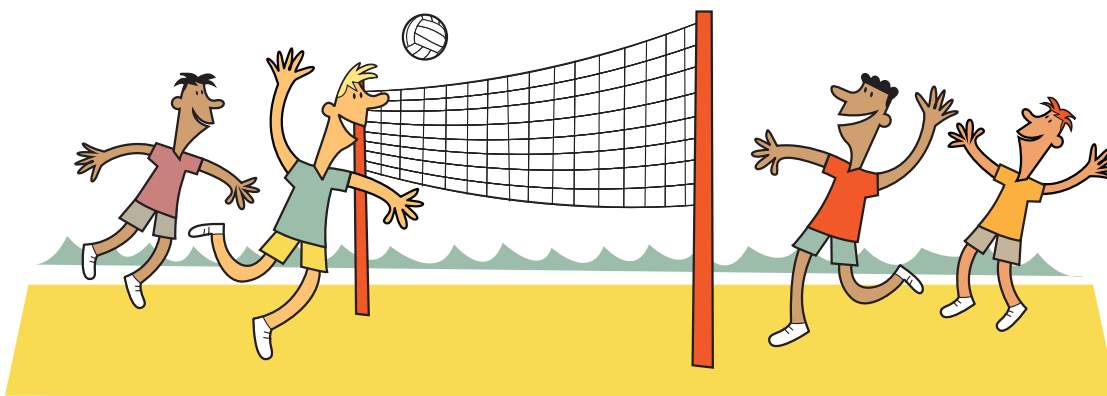


Use

- We use the **present continuous** to talk about now.

The boys **aren't swimming**.

They're **playing** volleyball.



Form

- We form the **positive present continuous** with:

Subject + *am / are / is* + *-ing* form.

Positive (+): full forms

Subject + <i>am / are / is</i>	<i>-ing</i> form	
I am You are He / She / It is We are They are	sitting	on the chair.

Positive (+): short forms

Subject + <i>am / are / is</i>	<i>-ing</i> form	
I'm You're He / She / It's We're They're	sitting	on the chair.



- We form the **negative present continuous** with:

Subject + *am / are / is* + *not* + *-ing* form.

Negative (-): full forms

Subject + <i>am / are / is</i> + <i>not</i>	<i>-ing</i> form	
I am not You are not He / She / It is not We are not They are not	sitting	on the chair.

Negative (-): short forms

Subject + <i>am / are / is</i> + <i>not</i>	<i>-ing</i> form	
I'm not You aren't He / She / It isn't We aren't They aren't	sitting	on the chair.

Spelling rules for *-ing* forms

Most verbs	+ <i>-ing</i>	watch → watching
Ends in <i>-e</i>	change <i>-e</i> to <i>-ing</i>	ride → riding
Ends in stressed vowel + consonant (not <i>w, x</i> or <i>y</i>)	double the consonant and + <i>-ing</i>	run → running