

Aim High 4 Listening Test 3

[2.20] Listen to a radio programme about public speaking.

1 Tick the 5 things that Sara talks about.

- a) speeches she gives in schools now ____
- b) her fears now ____
- c) her past experiences of speaking ____
- d) how to operate a spotlight ____
- e) planning your ideas before you speak ____
- f) how to make a banner ____
- g) what to wear on stage ____
- h) using a microphone ____
- i) how to make a banner ____
- j) using flip charts ____

2 Choose the correct answers.

- 1 The presenter says that most teenagers ...
 - a) don't do enough public speaking.
 - b) are scared at the thought of speaking in public.
 - c) can be successful public speakers.
- 2 Sara says that ...
 - a) things usually go wrong the first time you speak.
 - b) more things go wrong if you are nervous.
 - c) things can go wrong even if you're confident.
- 3 She says you should ...
 - a) write down everything you want to say.
 - b) prepare your ideas well.
 - c) have plenty of paper on the stage with you.
- 4 Sara says it's a good idea to ...
 - a) use your own lectern.
 - b) give your speech without a lectern.
 - c) check the height of the lectern is right for you.
- 5 She says that ...
 - a) you should always use a flip chart.
 - b) flip charts are very useful for speakers.
 - c) it can be stressful using a flip chart.

3 Answer the questions.

- 1 Where is Sara from?
- 2 Where did Sara give her first speech?
- 3 What is the most important advice Sara gives to teenagers?

- 4 What does Sara say you should practise using?
- 5 Who often finds a flip chart useful?

4 Answer the questions. Use full sentences.

- 1 How did Sara feel when she gave her first speech?
- 2 What happened to Sara with a lectern once?
- 3 What does Sara say about using a microphone for the first time?
- 4 When does Sara say you should use a flip chart?
- 5 What is difficult about using a flip chart?