

Aim High 4 Exam practice 5

Reading

Tips

- Read the text quickly, then read the sentences A–G.
- Read the sentences before and after each gap in the text very carefully.
- Look at verbs, pronouns and conjunctions to give you clues about the missing sentence.
- Read the text again with the missing sentences and check that it makes sense.

Read the text about different types of body language. Some parts of the text have been removed. Complete the text by matching the sentences (A–G) to the gaps in the text (1–6). There is one sentence you do not need.

Learn to speak body

Being able to read body language effectively can tell you a lot about other people and what they are feeling. Take a familiar gesture like folding your arms. What is a person subconsciously telling you if they suddenly fold their arms across their chest?

¹ _____ In this case, they will rub their arms and possibly shiver. But if they are in a warm room, it probably means that they feel insecure. They are putting up a subconscious barrier between themselves and the rest of the world. ² _____ For example, if a person touches their ear or scratches their chin while they are talking to you, it is a sign that they don't believe something you are telling them.

³ _____ But there are a few telltale signs if someone is not telling the truth. They may touch their face during the conversation, or they may look to the left when speaking, which is a sure sign of lying. Excessive blinking is another indicator that someone has something to hide.

The way in which a person makes eye contact is also quite revealing about the way they feel. If you are speaking to someone and they make good eye contact the whole time, it probably means they are interested in what you are saying. ⁴ _____ If they make very little eye contact, it means they don't want to be listening to you! And if they tilt their head to one side at the same time, it means they are bored, so it's probably time to stop talking!

⁵ _____ Making sure you keep good eye contact when you are listening to someone will give them encouragement, because it will show that you are listening.

⁶ _____ This consists of copying the actions of the person you are talking to, so if they, for example, cross their legs, you do the same. It has been shown that mirroring someone's actions can help them to feel more relaxed and at ease.

- A Professional interviewers often use the technique of mirroring.
- B Other gestures involving the hands and face are equally revealing.
- C The reverse is also true.
- D Of course, they could just be cold.
- E People will usually try very hard to cover up the fact that they are not being honest.
- F Always be wary of someone who makes too much eye contact.
- G It's also useful to know how to use body language.

Use of English

Tips

- Remember, the missing words are often articles, auxiliary verbs, prepositions, etc.
- Read the words around each gap very carefully to make sure you choose the correct one.

Complete the text with the missing words (1–10). Use one word only in each gap.

The printed word

These days, we all take books, newspapers, and magazines ¹ _____ granted. But before ² _____ invention of the printing press, the written word was a rare thing. The ability to read and write ³ _____ confined to a small elite, and professional scribes ⁴ _____ employed to write important documents for people. The first printing presses were used in China ⁵ _____ early as the first century AD, ⁶ _____ they didn't reach Europe until ⁷ _____ fifteenth century, when the modern printing press was invented ⁸ _____ Johannes Gutenberg. ⁹ _____ then, the printed word has become part of our everyday lives. We read, write and type without even thinking about it. But with the development of electronic media, ¹⁰ _____ particular e-books, some people have suggested that perhaps the days of the printed book are numbered.

Listening

Tips

- Read the statements and the three possible answers before you listen.
- Listen for the same meaning as the statements, but not necessarily the same words.

3.8 Read the statements. Then listen to the recording and choose the best way to finish each statement.

- 1 Christine's mum
 - a is not a sports person.
 - b does the same sport as Christine.
 - c has never worked.
- 2 Ella
 - a shares the same personality as her mum.
 - b has inherited a love of craftwork.
 - c is a member of her mum's handball team.
- 3 Penny
 - a wants to become a physician.
 - b spends all her time with her mum.
 - c is an only child.

Writing

Tips

- Use informal language when writing an email to a friend.
- Use contractions rather than full forms.
- Make sure you include your opinions.
- Use the Writing Bank on page 91 of the Workbook to help you.

A friend has emailed you asking you to recommend some books that he/she can read during the summer holidays. Write an email to your friend with your recommendations. In your email:

- recommend some books you have read
- say what they are about and why you enjoyed them
- say why you think your friend will enjoy them.

Speaking

Tips

- Give as much information in your answers as you can.
- Try to use a broad range of vocabulary.
- Use a range of expressions to express your opinion, e.g. *I think ...*, *I feel ...*, *In my opinion*.

Work in pairs. Ask and answer the following questions about yourselves.

- Do you prefer reading books or watching films? Why?
- Talk about a book you have read recently.
- Do you read a newspaper regularly? Why?
- What magazines do you enjoy reading? Why?
- Do you prefer to use books or the internet to find information? Why?