

Unit 6 Test | B

Listening

- 1 Track 7 Listen to a woman talking about kite surfing and complete the notes.

KITESURFING

Kite-surfing is as dangerous as

1 _____.

You should not go kite-surfing when you are 2 _____.

Changeable conditions offer a new 3 _____.

Sarah felt 4 _____ looking for work in the UK.

Sarah got a job as a kite-surfing instructor after she 5 _____ in Brazil

_____/10

Vocabulary

- 2 Choose the correct option.

- 0 You use a thermometer / sticking plaster to take your temperature.
- 1 You need a rope, a helmet and a high place to go *abseiling* / free running.
- 2 Some fevers can cause *blind* / blindness.
- 3 *Parachuting* / BMXing is a sport with bicycles that comes from the USA.
- 4 Last summer, I went *paddleboarding* / ziplining. I was on the sea, and I could see fish below me in the water.
- 5 Being fit *makes* / creates a big difference to your life!
- 6 This app is really good. It *measures* / counts your heart rate.
- 7 A *fever* / rash is when you have a very high temperature.
- 8 Her mother is *deafness* / deaf, so she can't hear much.
- 9 Emre is on a special diet, so he has to *avoid* / stop certain foods.
- 10 You normally do *hang-gliding* / sandboarding in the desert.

_____/10

- 3 Complete the words in the dialogue.

Ewa: Hello Jane. What's the matter? You look very ⁰ *ill*.

Jane: I am. I had an ¹ a _____ with my doctor this morning because I have an infection on my leg after an insect ² b _____.

Ewa: Did the doctor give you any medicine when you described your ³ s _____?

Jane: Well, he wanted to give me an antiseptic ⁴ c _____, but I can't use it. You see, I am ⁵ a _____ to most medicine.

_____/5

Grammar

- 4 Choose the correct option.

I went to the dentist yesterday and he ⁰ *told* / asked me what the problem ¹ *is* / *was*. I ² *told* / *asked* him that I ³ *didn't eat* / *hadn't eaten* for two days because of the pain in my teeth. He asked me ⁴ *open* / *to open* my mouth very wide. I was scared, so I asked whether I ⁵ *will* / *would* need an operation.

_____/5

- 5 Complete the second sentence using reported speech.

0 'We didn't go to the hospital yesterday.'
They said they *hadn't gone to the hospital the day* before.

1 'He is going to the doctor's tomorrow.'
My mum said he _____ day.

2 'I will take this medicine every day.'
She told me _____ every day.

3 'Did you break your leg?'
I asked her _____.

4 'Can I talk to Mrs Taylor, please?'
Ana asked the receptionist if _____ to Mrs Taylor.

5 'Take this cough medicine twice a day.'
You told me _____ twice a day.

_____/5

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Reading

- 6 Read the article about a health app and complete the sentences. Use no more than three words in each gap.**

The art of health and fitness

Strava is one of the most used health apps in the world. It launched with a few thousand users in 2009, but more than 95 million people have now downloaded it and use the app regularly. At first, only cyclists used it. Today, however, it is possible to use Strava for 31 different sports, including running, walking, swimming, skiing, mountain climbing, kitesurfing and even paddleboarding.

People use the app to record their route while they are exercising. The app does other things, too, such as recording your heart rate, counting your steps, showing how many calories you burn, and calculating your average speed while running and cycling. People can join Strava clubs with athletes they know. They can also compete with other athletes around the world to win virtual trophies and medals.

But did you know that some people use Strava to create art? These people record a carefully-planned route so that it looks like a picture when they finish. They spend days and months planning these activities. They use traditional maps and computers to help them. One of the most famous pieces of Strava art is an image of a tiger. A runner called Lenny Maughan created this in 2022 by running almost 160 kilometres in 21 hours around the streets of San Francisco in the USA.

Anthony Hoyte uses the health and fitness app to record his bike rides... and to create Strava art. He started in 2016 with his first one – a simple image of a dog in the city of Cheltenham in the south of England. He continued and his Strava art got more detailed and more ambitious. In 2020, he cycled 75 kilometres in the same city to create a picture of three faces. Then, in 2021, he cycled 121 kilometres in London to create a portrait of man. He raised a lot of money for charity when he did this. Now, Anthony has made so many pictures using Strava that people sometimes call him 'Picasso'.

If you use a health and fitness app like Strava, why not consider being an artist as well as an athlete?

- 0 More people use Strava today than in the past.
- 1 In 2009, the first group of users of Strava were _____.
- 2 You can win some prizes when you _____ users of Strava from other countries.
- 3 People spend a long time planning specific routes to _____.
- 4 Lenny Maughan ran 160 kilometres to create a picture of a _____.
- 5 Anthony Hoyte has used Strava art to collect _____.

____/10

Language Functions

- 7 Complete the dialogues with the words below. There is one extra word.**

better have might recommend ~~shall~~
should were

A: I feel dizzy. What ⁰ shall I do?

B: It ¹ _____ be a good idea to sit down.

A: I've never used this computer programme before. ² _____ you got any ideas what to do?

B: If I ³ _____ you, I'd ask the teacher.

A: I feel sick. ⁴ _____ I take a pill?

B: I'd ⁵ _____ drinking some water first. That usually works for me.

____/5

Total: ____/50